

ANNEX 4
COMPOSITION OF COMBINED ESTROGEN–
PROGESTOGEN MENOPAUSAL THERAPY

Annex 4 lists the composition of brands of combined hormonal menopausal therapy preparations that are used continuously (Table 1) or sequentially (Table 2).

Table 1. Combined continuous preparations

Trade name	Preparation	Active ingredient/dose
Activella, Kliovance	Tablet	Estradiol, 1 mg + norethisterone acetate, 500 µg
Climesse	Tablet	Estradiol valerate, 2 mg + norethisterone, 700 µg
CombiPatch	Patch	Estradiol, 50 µg/24 h + norethisterone acetate, 0.14 mg/24 h
Elleste-Duet Conti, Kliofem, Nuvelle Continuous	Tablet	Estradiol, 2 mg + norethisterone acetate, 1 mg
Evorel Conti	Patch	Estradiol, 50 µg/24 h + norethisterone acetate, 170 µg/24 h
Femhrt	Tablet	Ethinylestradiol, 5 µg + norethisterone acetate, 1 mg
Femoston Conti	Tablet	Estradiol, 1 mg + dydrogesterone, 5 mg
FemSeven Conti	Patch	Ethinylestradiol, 50 µg/24 h + levonorgestrel, 25 µg/24 h
Indivina	Tablet	Estradiol valerate, 1 mg + medroxyprogesterone acetate, 2.5 mg (also 1 mg/5 mg and 2 mg/5 mg)
Premique, Prempro	Tablet	Conjugated equine estrogen, 625 µg + medroxyprogesterone acetate, 5 mg
Premfest	Tablet	Estradiol, 1 mg + norgestimate, 90 µg

From Sturdee (2004)

Table 2. Combined sequential preparations

Trade name	Preparation	Active ingredient/dose
Adgyn Combi	Tablet	White tablet: estradiol, 2 mg; pink tablet: estradiol, 2 mg + norethisterone, 1 mg
Climagest	Tablet	Grey-blue tablet: estradiol valerate, 1 mg (also 2 mg strength); white tablet: estradiol valerate, 1 mg + norethisterone, 1 mg
Cyclo-Progynova	Tablet	Beige tablet: estradiol valerate, 1 mg; brown tablet: estradiol valerate, 1 mg + levonorgestrel, 250 µg (also 2 mg strength with estradiol valerate, 2 mg + norgestrel, 500 µg)
Elleste-Duet	Tablet	White tablet: estradiol, 1 mg (also 2 mg strength); green tablet: estradiol, 1 mg + norethisterone acetate, 1 mg
Estracombi	Patch	Estraderm TTS 50: estradiol, 50 µg/24 h; Estragest TTS: estradiol, 50 µg/24 h + norethisterone acetate, 250 µg/24 h
Estrapak 50	Patch and tablet	Patch: estradiol, 50 µg/24 h; tablet: norethisterone acetate, 1 mg
Evorel Pak	Patch and tablet	Patch: estradiol, 50 µg/24 h; tablet: norethisterone, 1 mg
Evorel Sequi	Patch	Evorel 50: estradiol, 50 µg/24 h; Evorel Conti: estradiol, 50 µg/24 h + norethisterone, 0.17 mg/24 h
Femapak	Patch and tablet	Patch: estradiol, 40 µg/24 h (also 80 µg strength); tablet: dydrogesterone, 10 mg
Femoston	Tablet	White tablet: estradiol, 1 mg (also 2 mg strength); grey tablet: estradiol, 1 mg + dydrogesterone, 10 mg
FemSeven Sequi	Patch	Phase I patch: estradiol, 50 µg/24 h; phase II patch: estradiol, 50 µg/24 h + levonorgestrel, 25 µg/24 h
NovoFem	Tablet	Red tablet: estradiol, 1 mg; white tablet: estradiol, 1 mg + norethisterone acetate, 1 mg
Nuvelle	Tablet	White tablet: estradiol valerate, 2 mg; pink tablet: estradiol valerate, 2 mg + levonorgestrel 75 µg
Nuvelle TS	Patch	Phase I patch: estradiol, 80 µg/24 h; phase II patch: estradiol, 50 µg/24 h + levonorgestrel, 20 µg/24 h
Premique Cycle	Tablet	White tablet: conjugated equine estrogen, 625 µg; green tablet: conjugated equine estrogen, 625 µg + medroxyprogesterone acetate, 10 mg
Prempak-C	Tablet	Maroon tablet: conjugated equine estrogen, 625 µg; brown tablet: norgestrel, 150 µg (also 1.25 mg tablet)
Premphase	Tablet	Maroon tablet: conjugated equine estrogen, 625 µg; blue tablet: conjugated equine estrogen, 625 µg + medroxyprogesterone acetate, 5 mg

Table 2 (contd)

Trade names	Preparation	Active ingredient/dose
Tridestra	Tablet	White tablet: estradiol valerate, 2 mg; blue tablet: estradiol valerate, 2 mg + medroxyprogesterone acetate, 20 mg; yellow tablet: inactive
Trisequens	Tablet	Blue tablet: estradiol, 2 mg; white tablet: estradiol, 2 mg + norethisterone acetate, 1 mg; red tablet: estradiol, 1 mg

From Sturdee (2004)

Reference

Sturdee, D.W. (2004) *The Facts of Hormone Therapy for Menopausal Women*, London, The Parthenon Publishing Group, pp. 37–51, 174–180